



Thru the Bible in 2012

The grass withers and the flowers fall, but the Word of our God endures forever. Isaiah 40:8

Ladies for Jesus Thursday Bible Study Lesson

Readings for September 7, 2012 – September 13, 2012

Class Discussion: Thursday, September 13, 2012

Psalms for Living and Worship

As one reads and meditates upon the Psalms many times their hearts are touched and moved. It is likely that every emotion known to man is expressed in the Psalms: from fear to faith; hope to doubt; trust to anxiety. The Psalms, which were written by Holy Spirit inspired men of God, expresses their personal spiritual journeys in the service to our Lord. The Psalms are a constant resource to help the Christian learn how to praise and pray, to meditate and contemplate, and in general to face life and death.

Quick Reference Guide for using the Psalms

Are you remorseful and penitent for your sins? Read Psalms 51, 32

Are you experiencing affliction, and remain comfortless? Read Psalm 22

Are you steadfast in times of distress, and want encouragement? Read Psalms 27, 31

Are you under various mental strains? Read Psalms 41, 70

Are you falsely accused? Read Psalm 7

Are you in trouble? Read Psalms 54, 63

Are you tempted? Read Psalm 130

Are you wanting in confidence? Read Psalms 61, 91

Are you envious of the wicked? Read Psalm 73

Are you in a position of authority and need to be reminded of your responsibilities? Read Psalms 82, 101

Do you need to be reminded of the importance of humility? Read Psalm 131

Do you need to be reminded of the futility of this life? Read Psalms 39, 49, 90

Do you desire to pray for others? Read Psalm 20

Do you wish to praise God for His mercies in helping people through adverse circumstances? Read Psalms 34, 40

Do you wish to praise God for common blessings He has bestowed upon people? Read Psalm 46, 48, 66, 67

Do you desire to meditate upon the characteristics of God and praise Him especially for His grace and mercy? Read Psalms 23, 103, 121, 145, 146

Do you desire to meditate upon the attributes of God, such as His power?
Read Psalms 8, 19, 65, 66, 97, 99, 104, 111, 139

Do you desire to mediate upon the magnificence of the Scriptures? Read Psalms 19, 119

Do you wish to gain instruction regarding the contrast between the righteous and the wicked?
Read Psalms 1, 15, 25, 32, 34, 36, 37, 52, 127, 128

Do you wish to reflect upon the Messiah and His kingdom? Read Psalms 2, 16, 22, 40, 45, 72, 110

Do you desire to review the history of Israel? Read Psalms 78, 105, 106

To Accompany Morning Prayer - Read Psalms 5, 94, 95

To Accompany Evening Prayer - Read Psalms 4, 90, 139, 141

To Prepare For Private Devotion - Read Psalms 23, 27, 91, 103, 104, 138, 146

To Prepare For Public Worship - Read Psalms 95, 96, 97, 98, 99, 100, 122, 133, 134, 145, 147, 148

To Enhance The Observance Of The Lord's Supper - Read Psalm 22

To Enhance The Collection For The Saints - Read Psalms 41, 112

In what ways do you use the Psalms to inspire you?